

**S A C P S S A**

**SWIMMING  
PROGRAMME**

**2025**

**SECTION Mid North / Yorke Peninsula**

## Sections for **2025** Swimming Carnivals

<u>Section 1</u>	<u>Section 2</u>	<u>Section 3</u>	<u>Section 4</u>		
1 Sheidow Park	1 OLOG	1 Stella Maris	1		
2 Glenelg	2 Plympton	2 Goodwood	2 Col.Light Gardens		
3 St Michael's	3 St Pius X	3 CBC	3 Tranmere		
4 Seaford	4 Hove	4 Whitefriars	4 Croydon		
5 Mercedes	5 Nazareth	5 Greenacres	5 Hectorville		
6 Rostrevor/Loreto	6 Blackfriars/St Dominic's	6 Christies Beach	6 Mt Barker		
7 St Ignatius	7 Clare (A)	7 Dominican	7 St Mary's Coll.		
8 Henley Beach	8 SAC (G) only	8 Lockleys	8 Norwood		
<u>Section 5</u>	<u>Section 6</u>	<u>Section 7</u>	<u>Section 8</u>	<u>Section MN/YP</u> <u>(at Clare)</u>	
1	1 Holy Family	1	1	1 Samaritan	
2 Nativity	2 Murray Bridge	2 Antonio	2 Richmond	2 Peterborough	
3 Edwardstown	3 Emmaus	3 Newton	3 Craigmore	3 Clare (B)	
4 Rosary	4 Mt Carmel	4 Parkside	4 St Bernadette's	4 Jamestown	
5 Xavier	5 OLV	5 Brompton	5 Eliz. Park	5 Wallaroo	
6 Galilee	6 St Monica's	6 St David's	6 Brooklyn Pk	6 Gladstone	
7 Kingswood	7 Payneham	7 Albert Park	7 Salisbury	7 Yorketown	
8 Warradale	8 Stirling	8 Hindmarsh	8 Eliz. Grove		

### Dates and Venues

**Sec 1 Monday, 24<sup>th</sup> March, Burnside, 9.45am**

**Sec 2 Tuesday, 25<sup>th</sup> March, Burnside, 9.45am**

**Sec 3 Monday, 31<sup>st</sup> March, SA Aquatic Centre, 10.00am**

**Sec 4 Monday, 31<sup>st</sup> March, SA Aquatic Centre, 1.00pm**

**Sec 5 Tuesday, 1<sup>st</sup> April, SA Aquatic Centre, 10.00am**

**Sec 6 Tuesday, 1<sup>st</sup> April, SA Aquatic Centre, 1.00pm**

**Sec 7 Wednesday, 2<sup>nd</sup> April, SA Aquatic Centre, 10.00am**

**Sec 8 Wednesday, 2<sup>nd</sup> April, SA Aquatic Centre, 1.00pm**

**Sec Mid North/Yorke Peninsula Friday, 21<sup>st</sup> March, Clare, 11am**

**Darren Elliott**  
**Swimming Coordinator**

## Programme – Section ‘Mid North / Yorke Peninsula’

### 1. Open Medley Relay 4 x 25m (Backstroke, Breaststroke, Butterfly, Freestyle)

1.....2.....3.....4.....

**Record:** Stella Maris 1:14.18sec 2023

### 2. Year 3 25m Freestyle Div. A.....

**Record:** Noah Hossain, Greenacres 16.87sec 2023

### 3. Year 4 50m Freestyle Div. A.....

**Record:** Noah Hossain, Greenacres 34.84sec 2024

### 4. Year 5 50m Freestyle Div. A.....

**Record:** Max Schubert, Berri 32.72sec 2021

### 5. Year 6 50m Freestyle Div. A.....

**Record:** Hugh Caton, Blackfriars 30.47sec 2019

### 6. Year 3 25m Freestyle Div. B.....

### 7. Year 3 25m Freestyle Div. C.....

### 8. Year 4 25m Freestyle Div. B.....

### 9. Year 4 25m Freestyle Div. C.....

### 10. Year 5 25m Freestyle Div. B.....

### 11. Year 5 25m Freestyle Div. C.....

### 12. Year 6 25m Freestyle Div. B.....

### 13. Year 6 25m Freestyle Div. C.....

### 14. Year 3 25m Backstroke Div. A.....

**Record:** Marie Frangos, CLG 21.19sec 2019

### 15. Year 4 50m Backstroke Div. A.....

**Record:** Maklin Roadknight, Stella Maris 43.83sec 2024

### 16. Year 5 50m Backstroke Div. A.....

**Record:** Max Schubert, Berri 40.10sec 2021

### 17. Year 6 50m Backstroke Div. A.....

**Record:** Jessica Osborn, Nativity 36.81sec 2022

<b>18. Year 3</b>	<b>25m Backstroke Div. B</b> .....		
<b>19. Year 3</b>	<b>25m Backstroke Div. C</b> .....		
<b>20. Year 4</b>	<b>25m Backstroke Div. B</b> .....		
<b>21. Year 4</b>	<b>25m Backstroke Div. C</b> .....		
<b>22. Year 5</b>	<b>25m Backstroke Div. B</b> .....		
<b>23. Year 5</b>	<b>25m Backstroke Div. C</b> .....		
<b>24. Year 6</b>	<b>25m Backstroke Div. B</b> .....		
<b>25. Year 6</b>	<b>25m Backstroke Div. C</b> .....		
<b>26. Year 3</b>	<b>25m Breaststroke Div. A</b> .....		
<b>Record:</b>	Noah Hossain, Greenacres	25.59sec	2023
<b>27. Year 4</b>	<b>50m Breaststroke Div. A</b> .....		
<b>Record:</b>	Max Schubert, Berri	50.70sec	2020
<b>28. Year 5</b>	<b>50m Breaststroke Div. A</b> .....		
<b>Record:</b>	Diana Rezaei, Goodwood	43.28sec	2020
<b>29. Year 6</b>	<b>50m Breaststroke Div. A</b> .....		
<b>Record:</b>	Diana Rezaei, Goodwood	41.82sec	2021
<b>30. Year 3</b>	<b>25m Breaststroke Div. B</b> .....		
<b>31. Year 3</b>	<b>25m Breaststroke Div. C</b> .....		
<b>32. Year 4</b>	<b>25m Breaststroke Div. B</b> .....		
<b>33. Year 4</b>	<b>25m Breaststroke Div. C</b> .....		
<b>34. Year 5</b>	<b>25m Breaststroke Div. B</b> .....		
<b>35. Year 5</b>	<b>25m Breaststroke Div. C</b> .....		
<b>36. Year 6</b>	<b>25m Breaststroke Div. B</b> .....		
<b>37. Year 6</b>	<b>25m Breaststroke Div. C</b> .....		
<b>38. Year 5</b>	<b>25m Butterfly</b> .....		
<b>Record:</b>	Harriet Stacey, Jamestown	23.57	2023
<b>39. Year 6</b>	<b>25m Butterfly</b> .....		
<b>Record:</b>	Hugh Caton, Blackfriars	16.32sec	2019

**40. Year 3 4 x 25m Freestyle Relay (2 & 4 in the water)**

1.....2.....

3.....4.....

**Record:** Greenacres 1:21.18sec 2023

**41. Year 4 4 x 25m Freestyle Relay (2 & 4 in the water)**

1.....2.....

3.....4.....

**Record:** Plympton 1:16.89sec 2024

**42. Year 5 4 x 25m Freestyle Relay (2 & 4 in the water)**

1.....2.....

3.....4.....

**Record:** Croydon 1:13.00sec 2023

**43. Year 6 4 x 25m Freestyle Relay (2 & 4 in the water)**

1.....2.....

3.....4.....

**Record:** Warradale 1:08.78sec 2022

Swimming Co-ordinator: Darren Elliott 0419 815 956  
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